



Smyrna High School Band

Richard Lutz and Ben Reagh, band directors

100 Bulldog Drive - Smyrna, TN 37167
 615-904-3865 ext. 23739
www.smyrnahighband.com

SMYRNA HIGH SCHOOL BAND INFORMATION

Being in high school band is one the most educational and most memorable activities a student will ever participate in. However, band is unlike any other activity at Smyrna High School. Although it meets like a class during the school day, it also meets after school and on some weekends for rehearsals and performances. All of these times outside of the regular class time are a REQUIRED part of the class and the student's grade depends upon his/her participation.

This class begins during the summer months to prepare for the marching season (football games and marching contests). This requires many hours of inside and outside practice. Once the numbers are set, the show is written and the drill is taught during band camp. At that point we are committed to perform and compete with the show we have learned. Band is a team activity. If a student quits then the entire team suffers. By returning your signed contract and medical release form you have signed a virtual contract that you understand the total commitment necessary.

Marching band is only a part of the overall band program that lasts from July to mid-November. Because of the rehearsal schedule it does conflict with several fall sports and extra-curricular activities. Please check with coaches and sponsors of any other fall activity in which you plan to participate. (If you are on a Smyrna High School fall sports team and also wish to participate in band, it is possible to do both, and individual cases will be evaluated by Mr. Lutz and Mr. Reagh.) There are NO conflicts with winter or spring sports.

After football season concludes, the schedule eases up quite a bit. Most of the rest of the year is spent in preparing for concerts, honor bands, the Smyrna Christmas Parade, and Concert Assessment. Please take note of the initial schedule below before making the commitment to join the Smyrna High School Band. We encourage you to make the sacrifices necessary for your child to take advantage of this incredible activity that will help them mature into adulthood, become better citizens, and will provide a lifetime of memories and friendships!

Summer Pre-Band Camp Schedule

New Marchers: July 17-20 (Mon-Thurs) 8am-noon	Music Rehearsals for ALL_Winds: July 19, 21 (Tues, Thurs) 1pm-4pm	All Color Guard: July 17-21 (Mon-Fri) 9am-4pm	ALL Percussion: July 17-21 (Mon-Fri) 9am-4pm
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Band Camp Schedule

Mon. July 24	Tues. July 25	Wed. July 26	Thurs. July 27	Fri. July 28	Mon. July 31
8am- Marching* 11:30- Lunch 12:30- Full Band 1:00- Sectionals 2:30- Full Band 5:00- Supper (provided) 6:00- Marching* 8pm- Clean/Dismiss	8am- Marching* 11:30- Lunch 12:30- Full Band 1:00- Sectionals 2:30- Full Band 5:00- Supper (provided) 6:00- Marching* 8pm- Clean/Dismiss	8am- Marching* 11:30- Lunch 12:30- Full Band 1:00- Sectionals 2:30- Full Band 5:00- Clean/ dismiss Fire Truck Day!	8am- Marching* 11:30- Lunch 12:30- Full Band 1:00- Sectionals 2:30- Full Band 5:00- Supper (provided) 6:00- Marching* 8pm- Clean/Dismiss	8am- Marching* 11:30- Lunch 12:30- Full Band 1:00- Sectionals 2:00- Full Band 3:00- Clean 5:00- Load Buses 7:00- DCI at MTSU 10:30- Return SHS	8a- Marching* 11:30- Lunch 12:30- Full Band 5:00- Exhibition Performance! 5:30- Clean/Dismiss

*Marching sessions will be outside- please wear sunscreen and drink lots of water. Full Band & Sectionals will be inside. Schedule subject to change at director discretion due to weather or other factors.

There will be a practice on:
Thursday, August 3 - Time TBD

Online Calendar:
www.smyrnahighband.com/calendar

After School Rehearsals:

- Once school starts, every Monday, Tuesday, and Thursday afternoon from 3:35 - 5:45
- Rehearsals will be reduced following the last contest of the season.
- A few other rehearsals will be scheduled throughout the year as needed to help prepare for the parade and prior to each concert.

Marching Performances:

Every football game – regular season and play-offs (Friday nights from August-November)
Contest dates to be selected from these Saturdays: September 16th, 23rd October 14th, 21st, 28th
The Annual Smyrna Christmas Parade (usually 1st Sunday afternoon in December)

Concert Performances:

Christmas Concert (December)	Spring Concert (April)
Concert Performance Assessment (March)	SHS Graduation and Rehearsal (May)
Other public appearances as scheduled	Individuals at Honor Bands (Jan-Apr)

Parents/Boosters:

The board of education only provides minimal support each year to each high school in order to maintain each band program in the county. It is up to the students and parents to pay a portion of the costs and then fundraise the rest in order to provide for transportation, uniforms, equipment, extra clinics, and general operating expenses.

Parents, please be an active participant in Smyrna Band Boosters. Your degree of commitment will directly affect your child's success in making their high school band experience the best that it can be.

We'll see you at our monthly booster meetings held on the 2nd Tuesday of each month usually at 6:30 pm.

Upcoming Meetings: June 13th July 11th August 8th

**Aug 8th - Band Bash! Come for a cookout at 5:30pm
followed by the Booster Meeting at 6:30pm.**

Band Website

www.smyrnahighband.com

Band Twitter

Follow us @smyrnahighband

Band Facebook

www.facebook.com/smyrnahighschoolbandstudentsandparents

This is a closed group, so you must ask for permission to join.

To Receive TEXT Message Announcements

<u>Parents/Boosters:</u>	<u>Students:</u>
Send to this number: 81010	Send to this number: 81010
This TEXT message: @7e83k7g	This TEXT message: @4k24336f

Band Director Info

-Richard Lutz, director of bands
lutz@rcschools.net

-Ben Reagh, assistant director
reaghb@rcschools.net



2023 Marching Band Calendar

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jul 16	Jul 17 New marchers 8a-12 Guard/Perc 9a-4p	Jul 18 New marchers 8a-12 Guard/Perc 9a-4p Everyone 1p-4p	Jul 19 New marchers 8a-12 Guard/Perc 9a-4p	July 20 New marchers 8a-12 Guard/Perc 9a-4p Everyone 1p-4p	July 21 Guard/Perc 9a-4p	July 22
Jul 23	Jul 24 <u>Band Camp</u> <u>8am-8pm</u> *Payment #2 due *Medical Form Due	Jul 25 <u>Band Camp</u> <u>8am-8pm</u>	Jul 26 <u>Band Camp</u> <u>8am-5pm</u>	Jul 27 <u>Band Camp</u> <u>8am-8pm</u>	Jul 28 <u>Band Camp</u> <u>8am-3pm</u> DCI Show	Jul 29

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jul 30	July 31 <u>Band Camp</u> <u>8am-5pm</u> Performance 5p	Aug 1	Aug 2	Aug 3 Rehearsal TBD	Aug 4	Aug 5
Aug 6	Aug 7 <i>2 hour school day</i>	Aug 8 Rehearsal 3:45 Band Bash 5:30pm *Band Contract Due	Aug 9	Aug 10 Rehearsal 3:45-5:45pm	Aug 11	Aug 12
Aug 13	Aug 14 Rehearsal 3:45-5:45pm	Aug 15 Rehearsal 3:45-5:45pm	Aug 16	Aug 17 Rehearsal 3:45-5:45pm	Aug 18 Game @ RivHS 7pm	Aug 19
Aug 20	Aug 21 Rehearsal 3:45-5:45pm	Aug 22 Rehearsal 3:45-5:45pm	Aug 23	Aug 24 Rehearsal 3:45-5:45pm	Aug 25 Game vs RkHS 7pm *Payment #3 due	Aug 26
Aug 27	Aug 28 Rehearsal 3:45-5:45pm	Aug 29 Rehearsal 3:45-5:45pm	Aug 30	Aug 31 Rehearsal 3:45-5:45pm	Sep 1 Game @ SgHS 7pm	Sep 2

SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 3	Sep 4 <i>NO Rehearsal Labor Day</i>	Sep 5 Rehearsal 3:45-5:45pm	Sep 6	Sep 7 Rehearsal 3:45-5:45pm	Sep 8 Game vs RwHS 7pm	Sep 9 <i>*(ACT Test)</i>
Sep 10	Sep 11 <i>No School</i> Rehearsal 3:45-5:45pm	Sep 12 Rehearsal 3:45-5:45pm	Sep 13	Sep 14 Rehearsal 3:45-5:45pm	Sep 15 Game vs LHS 7pm	Sep 16 Contest TBD
Sep 17	Sep 18 Rehearsal 3:45-5:45pm	Sep 19 Rehearsal 3:45-5:45pm	Sep 20	Sep 21 Ruth Co. Marching Expo	Sep 22 Game @McHS 7pm	Sep 23 Contest TBD
Sep 24	Sep 25 Rehearsal 3:45-5:45pm	Sep 26 Rehearsal 3:45 SMS vs RFMS performance	Sep 27	Sep 28 Rehearsal 3:45-5:45pm <i>*Payment #4 due</i>	Sep 29 Game vs ENHS 7pm ^	Sep 30 <i>Fall Break</i>

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 1 <i>Fall Break</i>	Oct 2 <i>Fall Break</i>	Oct 3 <i>Fall Break</i>	Oct 4 <i>Fall Break</i>	Oct 5 <i>Fall Break</i>	Oct 6 <i>Fall Break</i>	Oct 7 <i>Fall Break</i>
Oct 8 <i>Fall Break</i>	Oct 9 Rehearsal 3:45-5:45pm	Oct 10 Rehearsal 3:45-5:45pm	Oct 11	Oct 12 Rehearsal 3:45-5:45pm	Oct 13 Game vs SCHS 7pm	Oct 14 Contest TBD
Oct 15	Oct 16 Rehearsal 3:45-5:45pm	Oct 17 Rehearsal 3:45-5:45pm	Oct 18	Oct 19 <i>No School</i> Rehearsal 3:45-5:45pm	Oct 20 Game @ AHS 7pm	Oct 21 Contest TBD
Oct 22	Oct 23 Rehearsal 3:45-5:45pm	Oct 24 Rehearsal 3:45-5:45pm	Oct 25	Oct 26 Rehearsal 3:45-5:45pm	Oct 27 Game @CRHS 7pm	Oct 28 <i>*(ACT Test)</i> Contest TBD

^September 29 is a required home game that precedes Fall Break.

*Note that October 28 is an ACT test date. Check with the band directors before you register for these dates. This is a possible contest date and the performance schedule for the day are not determined until the Fall.

-In November, we continue to play football games on Friday nights until either: 1) the team loses or 2) plays in the Championship Game.

-After-school rehearsals will be reduced in November, just to maintain the halftime show and then to prepare for the Christmas parade and Christmas concert.



2023-2024
Smyrna High School Band Contract
and Policy Agreement Form for:

Student Last name:	Student First Name
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Parents please initial here:

_____ I verify that I have received, read, and fully agree to the policies and guidelines set forth in the Smyrna High School Band Information packet.

_____ I acknowledge that I am fully aware of the time and commitment involved with a student being involved in the band program.

_____ I do understand the importance of each student being present for practices and all performances, and the impact any absence has on the entire band, and understand that regular attendance and performances are major factors that will affect a student's grades and can potentially impact receiving credit for the course.

_____ In conjunction with this policy, the parent signed below gives permission for my child to ride a school bus off-campus for all away football games, band competitions, concert band performances, and honor bands during this school year.

Student Name (Signed) _____ Date _____

Parent Name (Printed) _____

Parent Name (Signed) _____ Date _____

Parent E-mail _____ Parent Phone _____

**2023-2024 Rutherford County Schools
Travel Permission and Emergency Medical Release Form**

Name of Student: _____ Home Phone: _____

Home Address: _____

Father/Guardian: _____ Mother/Guardian: _____

Work: _____ Work: _____

Work Phone: _____ Work Phone: _____

Cell Phone: _____ Cell Phone: _____

If neither parent/guardian can be reached, call: _____

Relationship: _____ Phone: _____

Name of Student's Physician: _____ Phone: _____

Health Insurance Company: _____ Policy Number: _____

Are there medical problems, allergies or other information the teacher should know about in order to make the trip safer and better for your child? No Yes (provide details on back)

Medications in use: _____

My child: may may not take Tylenol. Date of last tetanus shot: _____

***This portion of the document must be signed in the presence of a Notary Public official.**

My child, _____, has my permission to travel with the Smyrna High School Band during the 2023-2024 school year. In case of need, I grant permission for my child to be treated by a health care professional in my absence.

Parent Signature: _____ Date: _____

Before me, a Notary Public, in and for Rutherford County, Tennessee, personally appeared _____, with whom I am acquainted and who acknowledged the completion of this instrument. Witness my hand and official seal of office on this the _____ day of _____, 2023.

NOTARY PUBLIC

COMISSION EXPIRES



Smyrna High School Band Payment Information for 2023-2024

Total cost per student to be covered by family: **\$600** (*or **\$550** with early pay)

The SHS band budget is such that it costs around \$1,000/student to offer a comprehensive curriculum. Band Boosters, through fundraising, helps cover a large percentage of the cost. We ask that the family commit to paying a portion, then assist with fundraising throughout the school year. Consider this as an **investment** in your child's education and overall quality of life, as well as potential music scholarships for college.

Payment **\$150 by June 13** (Band Booster Meeting)

Schedule: *save \$25 with early payment discount- pay by May 26 (last day of school) only pay \$125

\$150 by July 18 (Pre-Camp) *Booster meeting is July 11 if more convenient

\$150 by August 18 (1st Football Game)

\$150 by September 28 (before Fall Break)

*save \$25 early payment discount, pay entire balance by Sept 12 (Booster Mtg.) & only pay \$125

-Payments are gladly accepted before the due date.

-You may pay the remaining balance early at any time.

-Please contact Mr. Lutz with any special circumstances regarding payment.

Payments should be enclosed in a sealed envelope and delivered by one of the following means:

- 1) In person to the Booster Treasurer or President
- 2) Dropped in the lock box through the slot in the band office door
- 3) Mailed to: SHS Band Boosters
P.O. Box 1165
Smyrna, TN 37167

Student's Name: _____

Payment: #3 Amount Due: **\$150 due by Aug 18**

Amount enclosed: \$ _____

Parent signature: _____

Student's Name: _____

Payment: #4 Amount Due: **\$150 due by Sept 28**
(\$125 if fully paid by Sep 12)

Amount enclosed: \$ _____

Parent signature: _____

Student's Name: _____

Payment: #1 Amount Due: **\$150 due by June 13**
(\$125 if paid by May 26)

Amount enclosed: \$ _____

Parent signature: _____

Student's Name: _____

Payment: #2 Amount Due: **\$150 due by July 18**

Amount enclosed: \$ _____

Parent signature: _____

*Be sure to enclose the appropriate slip with your payment.



Smyrna High School Band Photo/Video Release

Student's Name: _____

I hereby grant Smyrna High School Band permission to use my child's likeness in a photograph or video in all its publications, including website entries, social media and/or other websites, and brochures, without payment or any other consideration.

I understand and agree that these materials will become the property of Smyrna High School Band and will not be returned.

I hereby irrevocably authorize the Smyrna High School Band to edit, alter, copy, exhibit, publish or distribute this photo for purposes of publicizing the Smyrna High School Band or for any other lawful purpose.

In addition, I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my child's likeness appears.

If the person signing is under age 18, there must be consent by a parent or guardian, as follows:

I hereby certify that I am the parent or guardian of, named above, and do hereby give my consent without reservation to the foregoing on behalf of this person.

(Parent/Guardian's Signature) _____ (Date) _____

(Parent/Guardian's Printed Name) _____

I am 18 years of age and am competent to contract in my own name. I have read this release before signing below and I fully understand the contents, meaning, and impact of this release.

(Signature) _____ (Date) _____

(Printed Name) _____

Tips for Surviving Band Camp



It is no secret that Band Camp involves being outside in the TN summer heat! But the discomfort can be minimized (or even eliminated) by being prepared and following these tips:



1) Get acclimated to the heat.

Do some outdoor activities during summer before camp begins. This helps your body get used to the heat and helps get you in better shape ahead of time.

2) Drink lots of water.

Drink it in the evening the day before, all day during rehearsals, and afterwards as well. (Avoid sodas and other sugary drinks- these can dehydrate you.) Bring water to rehearsals- (plastic bottles, jugs, CamelBaks, coolers, etc.)



3) Protection from the sun.

Sunscreen of SPF 15+ should be applied before all outdoor rehearsals, and will need to be re-applied throughout the day- before 8am, again around 10am, and then before 5:30pm. We do try to avoid being outside during the hottest part of the day (from 11:30-5:30) and we constantly monitor the temperature and heat index.

4) Dress properly

Wear clothes that are light colored and lightweight that do not restrict bodily movement. -Do not wear tank tops, swimwear, sandals, or flip flops, and cover all undergarments appropriately. Proper footwear is essential- **tennis shoes** (with laces) and **socks**. Wear hats and/or sunglasses to protect the eyes and face.



5) Get a good night's sleep.

This allows the body to rest and recuperate.



Sleep also helps the brain work better the next day.



6) Eat healthy and well-balanced meals.

- Be sure to eat a good breakfast of **fruits and proteins** BEFORE rehearsal to give you the energy you need.
- Bring some light snacks (fruit, protein bars).
- Avoid heavy foods, sugary items, and dairy products before a hot outdoor rehearsal.
- Not eating is also a bad idea.

DRINK
more
WATER



And drink lots of water!



Uniform Guidelines and Concert Attire

Travel Uniform

- Shirt- purple SHS BAND shirt
- Shorts- black SHS BAND shorts
- Shoes- tennis shoes (neutral colors)
- Socks- plain black socks (some sock must be visible above shoe-line)
- Hat- SHS BAND baseball cap (worn properly, name written under bill)
- Other:
 - Hair neat, worn in a way to accommodate the baseball cap
 - No jewelry (necklaces, bracelets, earrings, piercings, etc.)
 - No colored nail polish

Band Uniform

- Uniform top- with correct front breastplate showing
- Bibber pants- worn at appropriate length (straight leg, not dragging)
- Shako hat - hair must be up and inside your hat if it is long (no hair may be touching your collar)
 - Baseball caps (always have it just in case)
- Socks- long, solid black (up past the shins, tight enough to stay up)
- Shoes- black marching shoes (cleaned and well-kept)
- Gloves- black band gloves
- Travel uniform is worn underneath
 - Shirt-purple band shirt (we will still be uniform if jackets are removed)
 - Shorts- black band athletic shorts
- Other:
 - No jewelry (necklaces, bracelets, earrings, piercings, etc.)
 - No colored nail polish

*Uniforms may be subject to change at director's discretion in order to accommodate weather conditions.

Concert Attire

- Men
 - Shirt- white tuxedo shirt
 - Pants- black tuxedo pants or black dress pants (no jeans)
 - Belt- black belt
 - Shoes- black dress shoes (not tennis shoes)
 - Accessories- bowtie required (cummerbund and studs recommended)
 - Coat/jacket/vest- black (optional)
- Women
 - Dress- black, floor length (top/back adheres to school dress code)
 - Skirt- black floor length, paired with black blouse (must cover knees when seated)
 - NO short skirts with tights combos
 - Pants- black business slacks, paired with black or white blouse (blazer optional)
 - NO no jeans or yoga pants
 - Shoes- black closed-toe dress shoes (no flip flops/sandals; high heels to not exceed 1-inch)

SHS BAND BOOSTERS

Meeting time: The 2nd Tuesday of every month

6:30pm-7:30pm in SHS Band Room

Band Booster Officers for 2023-2024

Amy Diller
President



SHSBandBoostersPres@gmail.com

Rachel Cox
Vice President



Rachel.Cox@comcast.net

Kristy Hillesheim
Treasurer



krishill0901@gmail.com

Charyl Bersuder
Secretary



SHSBBoosters@gmail.com

The Smyrna High School Band Boosters are an integral part of the success of the SHS Band.

The Band Boosters rely on all parents to assist as much as they can. We encourage everyone to be involved, and there are plenty of jobs to go around. So come be a part of a great organization with a noble mission of providing the best educational and musical opportunity possible to the students of the SHS band.

Join our Facebook page:
"Smyrna High School Band Students and Parents"

Sign-Up for Text messages via remind:
Send to this number: 81010 This TEXT message: @7e83k7g

www.smyrnahighband.com/boosters



2023 SHS Band Member Information



Please fill out this form either on this paper or online by scanning the QR code →

Or type this link- <https://forms.office.com/r/R472KM3pq1>

Student First Name	Student Last Name
Primary Instrument	Other Instruments
Current School	Grade Next Year

How likely are you to be a member of the SHS Band for the 2023 Marching Season?

- 100% - Count me in, see you at Band Camp!
- 80% - I want to do it and am mostly sure I can
- 50/50%- Still undecided, need more info
- 20% - Not sure, I don't think I will be able to
- 0% - Definitely not going to be in band next year

List any sports teams, activities or clubs that might interfere with Marching Band (which is a Fall after school activity). We can work with anything, it just helps if we know in advance.

Circle: **Adult T-Shirt Size** XS S M L XL 2XL 3XL 4XL

Adult Basketball Shorts Size XS S M L XL 2XL 3XL 4XL

Parent Name/s	Parent Phone Number
Parent Address	
Parent Email Address	